



## **SOUTH AMERICAN MASTERS RACE CAMP**

**ON SNOW SEPTEMBER 7-15, 2024**

**Training and FIS Masters Cup racing at  
Catedral Alta Patagonia - Bariloche, Argentina**

**Cost\*:**

US\$5,530 per person, double occupancy

US\$7,280 single occupancy

US\$4,415 spouse/friend (skiing, but no training or racing)

\*See page 3 for details.

**Includes Almost Everything\*\*:**

- Slalom, GS and Super G training with world class coaches!
- Round-trip ground transportation Bariloche airport to hotel
- Walk to the slopes from the Club Hotel Catedral Spa & Resort
- Breakfast and dinner
- Hotel fitness center, 2 swimming pools, sauna, business center
- Lift tickets
- Apres-ski ski racing educational programs
- Max 8:1 athlete-coach ratio
- Max 32 racers at the camp
- Daily video analysis
- Lane fees
- Wax room
- Awesome camp shirt
- Door prizes from camp sponsors

\*\*Does not include travel to/from your home to San Carlos de Bariloche airport (BRC), lunches, entry fees to FIS Masters Cup races, alcoholic beverages and gratuities.

Camp sponsors include:



Free-skiing drills to improve  
your technique

2 Days Slalom Training

2 days GS training

1 day SG training

6 FIS Masters Cup Races:

2 SG + 2 GS + 1 SL + 1 AC

Need a roommate? We'll  
match you with another  
racer\*\*\*.

**LISA BALLARD**

Camp Director

PO Box 1343  
Red Lodge, MT 59068

1-406-690-0190  
lisaballardoutdoors@gmail.com

## SCHEDULE:

Thu, Sep 5: Depart North America and Europe for Bariloche, Argentina.

Fri, Sep 6: Arrive in Bariloche. Transfer to hotel.

Sat, Sep 7: Acclimatization day - Free skiing and drills on slalom skis with coaches.

Sun, Sep 8: Slalom training (morning + afternoon sessions).

Mon, Sep 9: Slalom training (morning). Afternoon off.

Tue, Sep 10: Free skiing drills on GS skis (morning); GS training (afternoon).

Wed, Sep 11: GS training (morning + afternoon sessions).

Thu, Sep 12: SG training (morning). Get ready to race!

Fri, Sep 13: FIS Masters Cup – 2xSG (2nd SG counts as a stand-alone race and for the Alpine Combined)

Sat, Sep 14: FIS Masters Cup – SL/AC (1st run counts for the Alpine Combined. 2<sup>nd</sup> + 3<sup>rd</sup> runs = SL race)

Sun, Sep 15: FIS Masters Cup – 2xGS (2 one-run GS's).

Mon, Sep 16: Depart Bariloche.

Tue, Sep 17: Arrive home.

*Note: You must be a member of your country's national governing body for alpine ski racing, e.g. US Ski and Snowboard, and hold an FIS Masters license to compete.*

## COACHES



Lisa Ballard



Miguel Azcarate



Lille Enevoldsen



Parker Densmore

**Lisa Ballard**, Camp Director: 4X FIS Masters SG champion, FIS Masters GS Champion (2022), 2X FIS Masters age-group champion. 6X US Masters Skier-of-the-Year. 100+ US alpine masters titles (DH, SG, GS, SL). Former member, US Ski Team. Former member, Dartmouth Ski Team. 35 years coaching experience. Former ski analyst/commentator, ESPN and other networks. Author, *Ski Faster! Guide to Racing & High Performance Skiing*. Founder, Director: YOUR TURN masters race camps and women's ski events. Language skills: English (native), German

**Miguel Azcarate**: Training Center Director, Holiday Valley. Co-owner, Mud Sweat N' Gears ski retailer. Head Coach, Ligety-Weibrecht Summer Ski Camps, Mt Hood, OR. Former pro ski racer from Spain. Master boot-fitter. Guest coach, U.S. Ski Team. Ski gear guru! Language skills: Spanish (native), English

**Lille Enevoldsen**: Argentina National Team, 1980-1984. Argentina Olympic Team, 1984. Japan Pro Tour, 1986-1989, 3X Argentina National GS Champion, 1982, 1983, 1984. Argentina National SG and Combined champion, 1984. Former Chief of Race Department, Cerro Catedral. Former Ski School Director, Ski Club Bariloche, ESPOT Ski Resort (Spain), Ski Club Andino Bariloche. Former head coach, Rio Negro Regional Ski Team. Coach, Appalachian State University. FIS TD. Language skills: Spanish (native), English, French

**Parker Densmore**, Assistant Coach/Videographer: USSS-certified coach. Ski patrol/avalanche control, Park City Mountain Resort, 2019-present. Former coach, Silver Run Ski Foundation (Red Lodge, MT). Trip leader, Apogee Adventures. Former junior racer, Holderness School. BA, Geology/Film (St. Lawrence University). NOLS-Certified Wilderness EMT. Language skills: English (native), Spanish

## **PRICING**

Double Occupancy, 2 meals/day (B,D): US\$5,530 \*\*\*

Single Occupancy, 2 meals/day (B,D): US\$7,280

Spouse/Friend, double occupancy, skiing but no training, 2 meals/day (B,D): US\$4,415

\*\*\*If you are traveling alone but wish to share a room, we will try to match you with another person in the camp. If no one is available to share a room with you, your registration will convert to single occupancy with the appropriate balance due.

Over age 70? Lift tickets might be free. Check with Lisa to see if a credit up to UU\$450 is available.

## **AIR TRAVEL**

Athletes arrange their own round-trip travel to Bariloche (BRC).

**Sep 6:** To take the camp's private shuttle to the Club Hotel Catedral, plan to arrive at BRC no later than 5:00pm.

**Sep 16:** Shuttle departure TBD based on everyone's flights from BRC to Buenos Aires (EZE or AEP).

Preferred connections in Buenos Aires are through EZE (international airport). Option 2 is to transfer by taxi to AEP (metropolitan airport). All flights to BRC are operated by Aerolineas Argentinas.

If you book an itinerary that does not match up with the camp's ground transportation schedule, there is no refund, and you are responsible for reserving and paying for your own ground transportation.

Please contact Lisa Ballard, Camp Director, if you need help with your travel arrangements.

## **PAYMENT POLICY**

50% deposit due upon registration. Balance due: July 15, 2024.

### **Payment options:**

- Credit card via PayPal: lisaballardoutdoors@gmail.com
- Venmo: @Lisa-Ballard-75
- Check from a United States bank, payable to "Lisa Ballard", PO Box 1343, Red Lodge, MT 59068
- Wire transfer: Please contact [Lisa Ballard](#) for instructions.

### **Cancelation policy:**

75% refund through July 15, 2024.

No refunds after July 15, 2024 unless the camp is full and your spot can be taken by another athlete.

Travel insurance is strongly recommended for all camp participants! The camp suggests [AIG Travel Guard](#).



Cerro Alta Catedral, Bariloche, Argentina

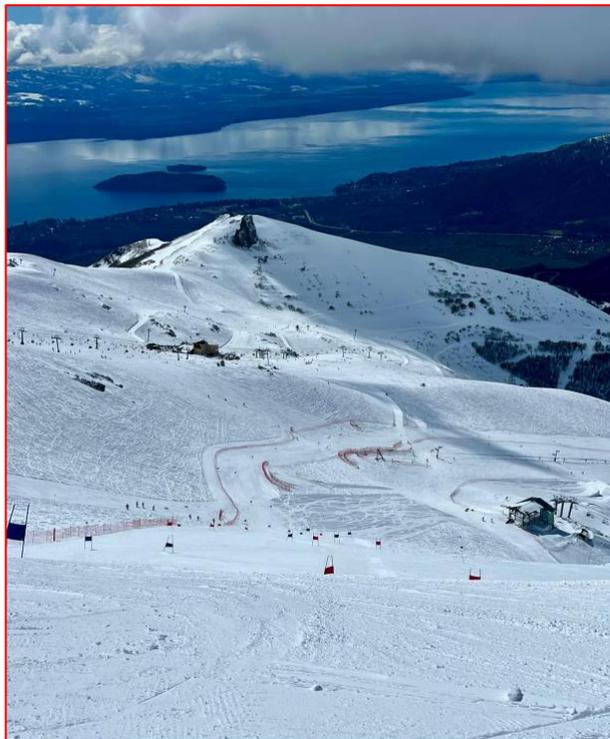
To see highlights from last year's camp, [CLICK HERE](#).

**TO RESERVE YOUR SPOT, CONTACT LISA BALLARD**

Tel. +1 406-690-0190 Email: [lisaballardoutdoors@gmail.com](mailto:lisaballardoutdoors@gmail.com)

**HOW REGISTRATION WORKS:**

1. Contact Lisa by telephone, email or WhatsApp to say "I'm in!" (Email is best because Lisa needs your email for #2 below.)
2. Lisa will email you an invoice via PayPal for the camp deposit and a "Skier Profile" (registration form).
3. Your spot is reserved after you pay the deposit.



View down the SG and GS race hill

[www.LisaBallardOutdoors.com](http://www.LisaBallardOutdoors.com)